

• MINDSET · BEHAVIOR · GROWTH

Growth & Innovation

How Mindset and Everyday Behaviors
Shape Real Innovation

📍 Every great thing grows from something small



“



Innovation isn't a lightning bolt.
It's a daily choice.



It shows up in how we think, how we talk, and what we do every single day —
at work and in life.

Most Innovation Happens in the Ordinary



84%

of executives say
innovation is
critical



70%

Of successful
innovation comes
from incremental
improvements not
big steps



A meaningful share
of real innovation
comes from simple,
practical reflection
and steady feedback
loops — not from big
breakthroughs, but
from small,
intentional
adjustments we
make every day.



The everyday stuff is the real stuff.



Two Mindsets. **Two Very Different Outcomes.**



Fixed Mindset

- ✗ Avoids challenges
- ✗ Gives up easily when stuck
- ✗ Sees feedback as criticism
- ✗ Threatened by others' success
- ✗ Sticks to what's safe and known

vs



Growth Mindset

- ✓ Embraces challenges as learning
- ✓ Persists through setbacks
- ✓ Uses feedback as fuel
- ✓ Finds inspiration in others
- ✓ Experiments and adapts

✦ The good news? — **Mindset is a choice and a practice!**

The Daily Habits That Drive Real Innovation



01



Stay Curious

| Ask one more question before moving on.

02



Speak Up

| Share half-baked ideas — they spark the best ones.

03



Reflect

| Take 5 minutes to review what worked and what didn't.

04



Collaborate Differently

| Talk to someone outside your usual circle.

05



Celebrate Small Wins

| Progress fuels more progress.

Practical Moves for Your **Everyday Work and Personal Life**



Morning Intention

01

Ask: What's one thing I can improve today?



The 10% Better Rule

02

Don't reinvent — just make it a little better each time.



Fail Fast Meetings

03

Spend 5 min sharing what didn't work — without shame.



Cross-Team Coffee

04

Schedule one conversation outside your department monthly.



Idea Log

05

Write down every idea — even the weird ones. Revisit weekly.



Yes, And...

06

In brainstorms, build on ideas before critiquing them.

Growth Doesn't Clock Out at 5 PM

It's Personal Too

STEP 01

Read Widely

Books, podcasts, articles **outside your field** wire your brain for new connections you can't get staying in one lane.



STEP 02

Embrace Discomfort

Trying something new personally — a class, a hobby — builds the **resilience** you bring straight back to work with you.



STEP 03

Rest & Recharge

Rest isn't a reward for innovation — it's a **requirement** for it. Your best ideas surface when your brain has room to breathe.



STEP 04

Build Your Inner Circle Intentionally

Spend time with curious, kind, driven people. Their **mindset rubs off** — and so does yours on them.



The life you build outside work is the fuel that powers the work you do inside it.



Take These With You

Six ideas worth carrying into tomorrow — and every day after.



Innovation is built in **daily habits**, not big breakthroughs.



Your **mindset is your most powerful tool** — and it's trainable.



Ask more questions. **Share more ideas**. Reflect more often.



Small actions, **repeated consistently**, create outsized results.



Culture follows behavior — **yours matters more** than you think.



Growth doesn't stop at work — **invest in yourself** as a whole person.



Start With One Thing.

Pick one habit from today. Do it tomorrow. Then the next day.
That's how real growth happens — one choice at a time.

Thank you – let's be innovative and grow !!